

# Ringwood & Fordingbridge NEWS

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Issue 890 ● August 21st to September 3rd ● 2024

Established 1990



Ringwood  
**Under 1s**

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See Page 26 to 29

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For more information on our current vacancies visit [Churchill-living.co.uk/about-us/careers](http://Churchill-living.co.uk/about-us/careers) and search 'Ringwood'



# EDITOR

## Travel your way

The summer holidays are in full swing and we hope many of you have had the opportunity to enjoy some of the local delights Ringwood and Fordingbridge have to offer. With September in sight, you may have hit your entertainment and financial wall. In many aspects of our lives we tend to focus on the end goal rather than thinking about and enjoying the journey. So for the remainder of the summer holidays, why not try focusing on the journey.

One thing to do could be to plan an entire day trip that doesn't involve getting in a car. Not only will this make you feel better about your own carbon footprint, it will allow you to really focus on what is the other side of that glass window.

An option at this time of year could be to hop on the open top bus. With various routes throughout the forest, including coastal routes, the New Forest bus tours allow you to explore the various villages and towns within the national park, whilst taking in the stunning views of the landscape during your journey. The routes are interconnected, meaning you can travel to most areas of the forest. This is a great way to get the family out exploring what is on their doorstep.



For the more active readers, there are over 100 miles of cycle paths within the New Forest, with various activities to do along the way including animal sanctuaries and trails. If you want to venture slightly further afield you could hop on a train or ferry. Be sure to keep your eyes peeled for visiting dolphins who have been sighted in the solent.

So take on the challenge of a day trip without using a car, and let us know what amazing things you've managed to discover. Visit [www.thenewforest.co.uk](http://www.thenewforest.co.uk) for more information.

*Darren & Naomi*

## RINGWOOD & FORDINGBRIDGE NEWS

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The next issue will be published on Wednesday 4th September

Editorial copy deadline  
Wednesday 28th August 2024.

Printed by Blackmore LTD, Shaftesbury, Dorset.

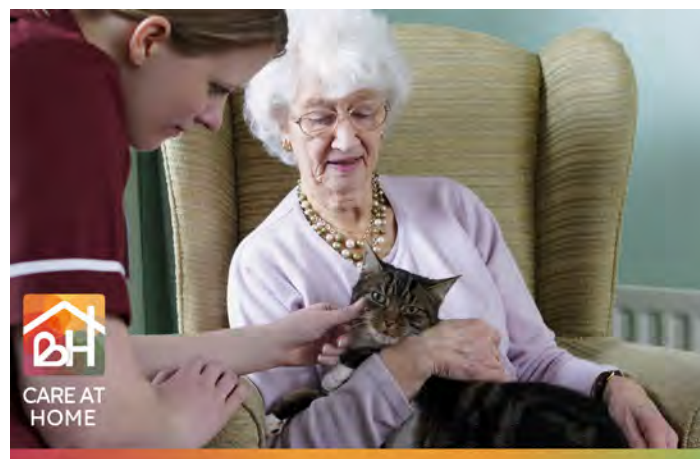
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## NEWS

# A Warm Welcome to Ringwood Under 1s – A New Beginning for Our Youngest Residents

In a world where early childhood development is increasingly recognised as crucial to lifelong well-being, the launch of Ringwood Under 1s is a significant and welcome initiative for our community. This new group, tailored specifically for parents, carers, and their babies under one year old will create a welcome support network for those navigating the early stages of parenthood.

The importance of community support during the first year of a child's life cannot be overstated. The journey into parenthood is often filled with moments of joy, but it can also be a time of isolation and uncertainty. Ringwood Under 1s, set to begin this Autumn at Carvers Clubhouse, addresses this need by providing a space where new parents can come together, share their experiences,



and build connections that will support them through the challenging yet rewarding early months of raising a child.

Spearheaded by Ringwood Town Council with additional financial support from STARF ([www.STARF.uk](http://www.STARF.uk)), a local charity dedicated to strengthening families, the group will run weekly on a Thursday, running from 10:00 AM to 11:30 AM. As well as companionship, external organisations will be invited in to talk about the support that is available to families in the early years so that they know who to turn to if they ever need it.

Charmaine Bennett, Manager of Carvers Clubhouse said, “Strong families make for a strong community, and this initiative is a testament to a collective commitment to nurturing the next generation. We would love help to make this a success and are looking for volunteers to help support the service or simply by spreading the word to new parents.”

More information can be found on the Carvers Clubhouse website, [www.carversclubhouse.com/whatson](http://www.carversclubhouse.com/whatson)



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## Summer Soul Concert

Join us for a spectacular afternoon of Soul, Motown & Party music on Sunday 25th August 1-6pm, featuring an all-star line-up, live on stage in the beautiful grounds of The Stable Family Home Trust in Bisterne, Ringwood! This popular open air charity concert has something for everyone.

Featuring UK's top party band 'The Audio Allstars', the talented soul artist 'Ivan Dellimore', The mighty funk & disco band 'Groovemeister' and Hot Radio DJ Paul C Brady.

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Standard Tickets £25, U14s FREE, Gates Open at 12.30pm  
<https://www.eventbrite.co.uk/e/summer-soul-party-tickets-867374619837> or go to <https://sfht.org.uk/event/summer-soul-party-2024/>



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**Ringwood Town Council Earns Living Wage Employer Accreditation**



Ringwood Town Council is proud to announce that it has officially been accredited as a Living Wage Employer. This significant achievement reflects the Council's commitment to fair pay and ensuring that employees are compensated in a manner that reflects the true cost of living. As part of this accreditation, every worker aged 18 and over will now receive a minimum hourly wage of £12, which is higher than the government's current minimum wage for those over 21, set at £11.44 per hour.

The Real Living Wage is the only rate calculated on the actual cost of living, offering a voluntary benchmark for employers who aspire to provide their staff with a wage that truly meets everyday needs, rather than just the legal minimum. Since its inception in 2011, the Living Wage movement has successfully delivered a pay rise to over 460,000 workers across the UK and injected £3 billion into the pockets of those earning the least.

Cllr John Haywood, Chair of the Council's Staffing Committee, who championed the initiative, shared his enthusiasm: "Ensuring that our employees are paid a fair wage that reflects the true cost of living is not just the right thing to do—it's essential for fostering a motivated, committed workforce. At Ringwood Town Council, we believe in leading by example. By becoming a Living Wage Employer, we are making a clear statement about our values and our dedication to the wellbeing of our staff. This accreditation is a testament to our commitment to supporting the community we serve."

This move by Ringwood Town Council sets a positive precedent for other local employers, encouraging them to consider the Real Living Wage as a standard for fair and sustainable employment practices.



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## Understanding Investments: Can you afford to retire, reduce your working hours or start a new business?

I appreciate the headline is somewhat contradictory-retiring or starting a new business are disparate choices. However, both are huge decisions both emotionally and financially. If you are able to answer the financial question (affordability), then this can help ease the emotional journey. But how can you do this in a fact based, reliable way?

### Lifetime Financial Plan: Cash Flow Planning

This is a detailed, yet simple to understand, analysis of your current and future predicted expenditure versus your income and capital. It includes your regular expenditure which is split into “basic” expenses such as food, household bills, transport etc along with “discretionary” expenses such as socialising and holidays. It also takes account of periodic ad-hoc expenses like replacement cars, helping family with lump sum gifts for weddings or house deposits and costs for ongoing house maintenance. Everyone’s plans are different and the cash-flow can include any of your needs. A Lifetime Financial Plan also helps identify the percentage return required on your savings, pensions and investments to ensure your money will last your lifetime.

The output is a cash-flow projection which acts as a visual road map illustrating your future capital position. It can include different scenarios; for example, retiring now or at a specified time in the future, working part-time rather than full-time, downsizing your residential home etc. It also includes an assumption for inflation, which is critical as this is often forgotten but can be so damaging for retirees.

### How else can this help?

A plan such as this not only illustrates affordability of your aspirations, but it also then informs the level of investment risk required to achieve your objectives. Our aim is to always take the least amount of investment risk necessary to achieve the desired outcome (less risk leads to more certainty and visa-versa). This can help with pension decisions such as the purchase of an annuity vs pension drawdown.

I have found that many people have hopes and aspirations but are held back from putting them in place because they are worried about affordability (no-one wants to run out of money). My aim is for my clients to enjoy their retirement as fully as possible. This may mean spending more in their early retirement years whilst fit and able. By analysing the facts, people can act with more confidence and having carefully considered the likely outcomes.

**My colleagues Stewart Sims-Handcock, Harry Goodship and I are available for a free initial, no obligation chat to discuss your personal requirements.**

**Howard Goodship is an Independent Financial Adviser with Lonsdale Wealth Management, 5 Friday’s Court, Ringwood Tel: 01425 208490 [www.lonsdaleservices.co.uk](http://www.lonsdaleservices.co.uk)**

*The value of an investment and the income from it could go down as well as up. The return at the end of the investment period is not guaranteed and you may get back less than you originally invested. The contents of this article are for information purposes only and do not constitute individual advice. The Financial Conduct Authority does not regulate Cash Flow Plans or Cash Flow Modelling.*

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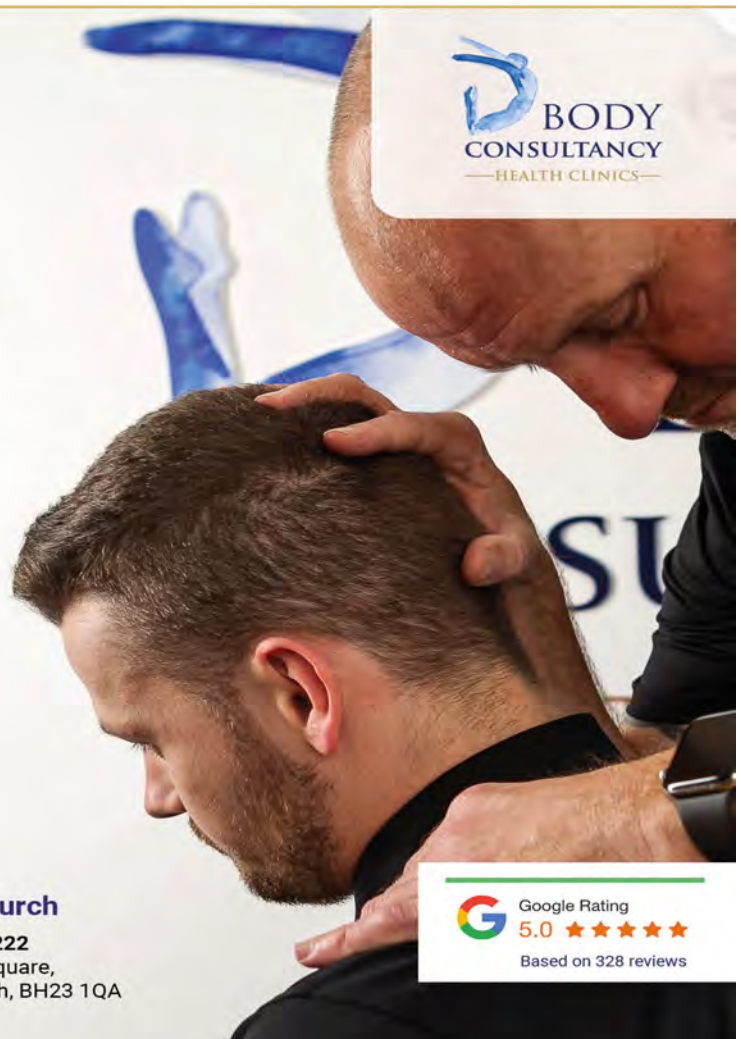
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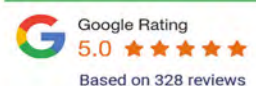
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## NEWS

### Have you noticed the Purple Verbena on the Roundabout by Ringwood Car Park?

Over the last 2 years the RACE to Green team has been working hard to introduce more pollinator friendly planting and improved habitats around the town. As part of this they designed the beds on the roundabout to provide all year-round interest and reduce the need for watering over the summer. Funded by Knights Brown what you see now is a vision of purple swaying in the wind. The team has also moved 17 tonnes of compost and 10 tonnes of mulch, planted thousands of bulbs and 100s of plants in the beds in Gateway Square opposite Ringwood Meeting House. It was their passion to rejuvenate this area that started the whole project.



planting near Ringwood Infant School. All these other sites have been funded by Ringwood Actions for Climate Emergency (RACE) and further plantings are being planned thanks to a very generous donation from Rotary Club of Ringwood.

All of this takes teamwork and organisation, here you can see the team celebrating their 2nd birthday.

We will soon be doing our autumn plantings ready for a lovely show of colour in the spring, so if you have a couple of hours to spare each month and would like to learn more about the different sites and the choices of plants then do get in touch with us at [Ringwoodraceagainstime@gmail.com](mailto:Ringwoodraceagainstime@gmail.com).

And if you can't join in do say hello when you see us planting around the town.

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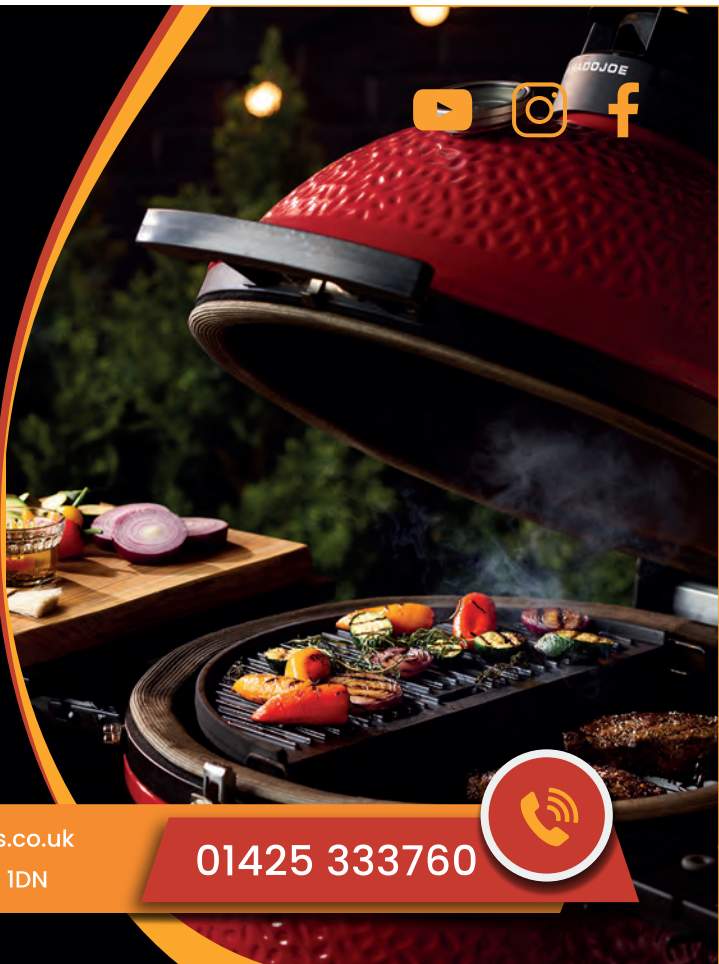
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## Poulner Junior School Polytunnel opens!

Ringwood Mayor Rae Frederick had the pleasure of officially opening Poulner Junior School's Polytunnel. The Polytunnel was funded by Ringwood Town Council two years ago and Headteacher Jo Randall was delighted to welcome the mayor to finally open it and see just what has been achieved.

Jo Randall explained 'to make a project like this work and become embedded takes time, so we wanted to open the facility now, so we can show and thank the town council for the funding and to show them how it has evolved. The school values environmental learning and feels that this should be taught alongside academic. The children gain so much from being out in nature and learning wider skills and supporting their own wellbeing. We are delighted to be able to invite the Mayor back to see the progress and thank the Town Council for supporting us.'

Over the last five years the school have adopted a whole school approach to the outdoors, with all children being involved in monthly outdoor learning sessions, weekly groups such as Forest schools and gardening and over 70 children now completing their John Muir award that recognises their involvement in conservation and the environment. The Mayor was delighted to be shown all of the projects by the children with a guided tour. She was very impressed by the knowledge and enthusiasm of the children and commented 'it is so impressive to see the school develop this approach and to see that they are working with so many members of the local community including Ringwood Greening, RACE and the local parent community who help fund and maintain the space alongside the children. The school leaders are doing a fantastic job in giving these young people such a rich education and I am thrilled to be able to hear and see the work that has been done.'



The school's vision is based on three key words of learn, grow, thrive and it certainly seems that this is at the heart of their work. The Mayor and supporting visitors were not only shown the areas that have developed, such as the orchard, the sensory garden, pond and allotment, but were also given a box of fresh produce, harvested by the children, to take home to enjoy!



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2024 - 25



Date	H/A	Opponents
Sat 10-Aug	A	Romsey Town
Tue 13-Aug	A	Totton & Eling*
Sat 17-Aug	A	Frimley
<b>Sat 24-Aug</b>	<b>H</b>	<b>Petersfield (FA Vase)</b>
Tue 27-Aug	A	Laverstock (Lg Cup)*
Sat 31-Aug	A	East Cowes Vics
Sat 7-Sep	A	Fleetlands
Sat 14-Sep	A	Lymington

\*Kick-off 19:45, otherwise 15:00

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GUILD**

Whether you are an angler interested in making your own flies, a fly maker who wants to develop your skills or simply someone who is interested in the craft of making fishing flies there is a place for you at the regular weekly meetings of the Guild between September and April.

The Ringwood and District Branch is entering its 56th year of offering instruction on September 10th in the Ebenezer Hall at Greyfriars Community Centre. Every group, from beginners to expert, is guided by a Guild-registered instructor and all materials are provided by the Branch.



A small weekly fee is charged to cover the cost of refreshments etc and Guild membership ensures insurance cover for the sessions. If you have any questions have a look at our Facebook page or contact one of the following committee members: David Waggott 01425610602; Brin Woodsford 01425477774; Peter Wildash 07587000223; Tony Gibson 07736038351. We look forward to welcoming you to our meetings.

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## How long have you been in the Travel Industry?

I started on a Youth Training Scheme (YTS) in September 1980 after I left school. I had a career break in 1984 to have a family and returned in 1990, so 38 years! It's in my blood!

## What do you enjoy most about your job?

Hearing about all the wonderful memories clients have made on the trips I have booked for them.

## How do you feel about Adventure Holidays?

Oh I love them and here's why; I have been camping in Namibia, in a 2 man tent. I've trekked the Anapurna Valley in Nepal. I've trekked the Inca trail in Peru. I've been white water rafting in Sri Lanka. I've cruised Kerala's backwaters by houseboat. I trekked/climbed Mount Toubkal in Morocco for Charity.

## Where was your last holiday?

A cruise to the Norwegian Fjords.

## Where is your next holiday?

A Safari to South Africa, in fact I'm probably there right now, just as you are reading this!

## What's your bucket list Holiday?

To see the Gorillas in Uganda or Rwanda, I've had to cancel twice, so maybe third time lucky...?

## What's your favourite travel memory?

I have 2... Reaching the summit of Mount Toubkal, at 4167m, exhausted from the altitude and the climb, but in time to watch the sunrise, and taking a flight over Mount Everest when I was in Nepal.

## What destinations have you travelled to?

It's probably quicker to say where I haven't visited. I have been very lucky to have visited many destinations; Egypt, Costa Rica, Peru, Arizona, Kerala, Sri Lanka, Norway, Iceland, Portugal, Turkey, France, Belgium, Spain, Barbados, St Lucia, Dominican Republic, Cuba, South Africa, Kenya, Morocco, Tunisia, The Gambia, Cape Verde, Namibia, Mauritius, The Maldives, Italy, Sweden, Russia, Dubai, Abu Dhabi, Jordan, Israel, China, Borneo, Jamaica, Vietnam and Cambodia.

## Rose's Top Travel Tips:

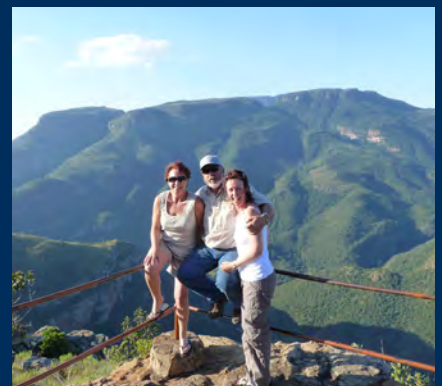
Book with an agent for peace of mind and to make it stress free. Have a picture of your passport on your phone/or a photocopy - just in case. Book an airport lounge, it makes the whole airport experience far more relaxed.

## Why Rose loves to cruise:

It's a relaxing way to see many destinations in one itinerary and you don't have to look for somewhere to eat or entertainment. It's all at your fingertips.

If you like a place you visit you can always go back, if you don't then you've only spent a few hours there, not a week or longer!

There are cruise ships out there to suit everyone from small boutique style ships to all singing, all dancing ships with oodles of facilities. Something for everyone and an amazing way to see the world ❤️



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# Ellingham Show

Ellingham Show 2024 held on Saturday 10th August, was blessed with great show weather (not too hot and no rain but a cooling breeze) and record breaking attendances. From the joy and interest of the horticultural and craft tents and vehicle/engine displays, to the fun of the terrier racing (the spectators were crying with laughter) to the majesty of the traditional animals - horses, birds of prey and all manner of livestock, all interests were catered for. Our new children's entertainment, Big Top Mania was a hit with the younger attendees. The Show, in its 77th year, is a well established family community event. The Show serves the community and raises a good amount for local charities and good causes. This is only made possible because of the support of sponsors, members and volunteers - there are no paid staff. The Chairman of the Show, Tom Hasted, expressed his thanks to all those involved and all those who attended.



Photos courtesy of Derek Maidment

# IT'S PARTY TIME!

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## WHATS ON



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- 31 AUG** **AHH... FREAK OUT!**  
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- 20 SEP** **THE WURZELS**  
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- 27 SEP** **SHAUN RYDER**  
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- 4 OCT** **JENNY 'THE VIXEN' RYAN**  
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## R&F Business Community

Welcome to the Ringwood and Fordingbridge Business Community event! Join us at Moyles Court School for networking, learning, and collaboration. Connect with local businesses, share ideas, and discover new opportunities to grow your business. This in-person event is the perfect chance to meet like-minded professionals in your area. Don't miss out on this exciting opportunity to expand your network and strengthen your business community!

This event will be facilitated by Angie Beeston and run by our



**GREYFRIARS**  
community centre

### What's on at Greyfriars!

#### Memberships due from 1 September

Did you know Greyfriars is a local charity that receives no statutory funding? Why not become a member of Greyfriars; you will belong to much more than a community centre, you become a member of a real community!

#### 14-26 August – Ringwood Arts Society Exhibition

Open to the public free of charge at Greyfriars. Monday to Saturday 10am-4pm and Sunday 1-3pm.

#### 7 September – Blandford Camp Study Day

Experience the rich and varied history of Blandford Camp in the company of Lt Col (Ret'd) Bob Brannigan, 40 year veteran of the Royal Corps of Signals. Tickets £30.00 inc lunch and refreshments, available from Greyfriars

#### 12 September – Ringwood Business Awards

Celebrating local entrepreneurial businesses that have made significant contributions to the local economy, business innovation, and community spirit.

#### 26 October – Moviola

Story of a young couple that bets on nature for the future of their failing 400 year-old estate. 2pm for 2.30pm start, tickets available at Greyfriars or via ticketsource.

#### 23 November – Moviola – Vindication Swim

Inspirational story of Mercedes Gleitze the first British woman to swim the English Channel and her battle against both the channel and the oppressive society of the 1920's. 2pm for 2.30pm start, tickets available at Greyfriars or via ticketsource.

fabulous volunteer team from Aspire Jobs, ViewHR, Grants Estate Agents and supported by the fantastic Ringwood Town Council, Moyles Court School and Churches Together.

The Ringwood and Fordingbridge Business Community also supports STARF charity that improve the lives of people in our communities.

Join us at our free event!

<https://www.eventbrite.co.uk/o/viewhr-66138318983>



**RINGWOOD & FORDINGBRIDGE**  
BUSINESS COMMUNITY

'networking with a purpose'

# WHATS ON

Ibsley and District Horticultural Society

## THIRTY FIFTH ANNUAL SHOW



At Ibsley Village Hall, Gorley Road, BH24 3NL.

Saturday, 7th September 2024

Open to exhibitors 8.30am - 10.30am

Open to the public at 2.00pm

Prize giving at 4.00pm

Admission £1 Accompanied children FREE

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# Ringwood & Fordingbridge Lions Club

## Car Boot Sale

August Bank Holiday Monday



Sellers: 7.30am - Buyers: from 8.30am

**Don't be late and miss the bargains**



## Hands on pruning Chris Bird

Chris has a very easy to follow style of presentation that will help you understand the principles of pruning a wide variety of plants. You will get close to his demonstration and be able to ask questions about YOUR own pruning problems.

**THURSDAY 29TH AUGUST 2024  
AT 7.30PM IBSLEY VILLAGE HALL  
BH24 3NL**

**Free to members £2 to visitors**



## Ibsley Garden Club

Join us on a trip to RHS Wisley

**Our big day out!**

We're going to RHS Wisley on Saturday 14 September. It's time to sign up for a place on the coach.

The flagship of the Royal Horticultural Society, Wisley is one of the great gardens of the world. We will see such highlights as the celebrated 128m long and 6m wide Mixed Borders, the Bowes-Lyon Rose Garden with its 4,000 roses and 5,000 shrubs, the famous Rock Garden, and the £7.7million Glasshouse opened by the late Queen in 2007 covering an area equivalent to 10 tennis courts and built to celebrate the RHS's 200th anniversary.

The cost is a fantastically reasonable £15 for members and £20 for non-members of the IDHS. (entry to the gardens is included)  
To book your seat please email [vicky.coral@hotmail.co.uk](mailto:vicky.coral@hotmail.co.uk)  
Payment please by BACs to the IDHS Account No.42436068.  
Sort Code 30-96-26.

*This trip is open to all. Come and join a friendly bunch of like minded people for a very special day out.*



# NEWS

## Summer Soul Concert

Join us for a spectacular afternoon of Soul, Motown & Party music on Sunday 25th August 1-6pm, featuring an all-star line-up, live on stage in the beautiful grounds of The Stable Family Home Trust in Bisterne, Ringwood! This popular open air charity concert has something for everyone.

Featuring UK's top party band 'The Audio Allstars', the talented soul artist 'Ivan Dellimore', The mighty funk & disco band 'Groovemeister' and Hot Radio DJ Paul C Brady.

Bring your own picnic or purchase from the drinks tent, BBQ, or refreshments area. Plus, KIDS ZONE, face painting, glitter tattoos, ice-cream van, pony rides.

Standard Tickets £25, U14s FREE, Gates Open at 12.30pm  
<https://www.eventbrite.co.uk/e/summer-soul-party-tickets-867374619837> or go to <https://sfht.org.uk/event/summer-soul-party-2024/>



## New-Forest-Jazz-Workshop

Godshill Village Hall will be repeating its very successful evening from last year by inviting back the local very popular band "Blue Tides" (picture attached):

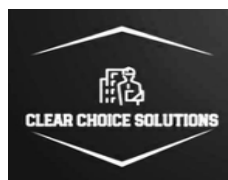


By popular request they are returning to Godshill Village Hall, at 7.30 pm, on Friday evening 30th August. Blue Tides is a locally based 8-piece band, playing an assortment of musical genres, from flute, saxophone, brass, guitar, bass & drums. Songs from the Great American and British songbooks, including exiting and eclectic original arrangements, will be played. Players from the Godshill Village Hall-based "New Forest Jazz Workshop" will also be guesting.

Tickets are £15 per person to include a light supper. There is no need to bring drinks since there will be a licensed bar, and a raffle with superb prizes. Do bring your dancing shoes....

All in all, it promises to be an exiting evening. For further details about the hall, Blue Tides or the New Forest Jazz Workshop, do contact:

Marlene Williams on 01425 650845, or Alison &/or Derek Ayling, on 01425 650770, or 07798 555500, or by email, on [Hippotain@BTInternet.com](mailto:Hippotain@BTInternet.com), for further information about the "New-Forest-Jazz-Workshop".




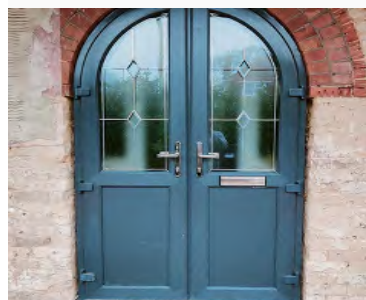
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## Handy tips to make your renovation project a success

**Have a Clear Vision:** Create a vision board with your favourite looks and styles, and keep it updated as you come across new ideas.

**Know What's Achievable:** Understand what can be achieved for your property, considering planning permissions, Building Regulations, and any specific rules for listed buildings or Conservation Areas.

**Call in the Professionals:** Consult with architects, designers, builders, and structural engineers to ensure your project is feasible and meets all requirements.

**Get the Council on Your Side:** Keep in touch with the local council for guidance on planning applications and building regulations approval.

**Set a Realistic Budget:** Plan your budget realistically, including a contingency fund for unexpected costs that may arise during the renovation.

**Appoint the Right Team:** Choose experienced and reliable tradespeople who understand your vision and can work within your budget and timeframe.

**Establish a Realistic Timescale:** Work with your team to determine a realistic timeline for the project, allowing for unexpected delays.

**Communicate with Your Builders:** Regular meetings with your contractor or project manager will help ensure that deadlines are being met and progress is on track.

**Ask Questions:** Don't hesitate to ask questions and seek clarification on any aspect of the renovation process.

**Be Prepared for the Unexpected:** Anticipate unforeseen incidents and be ready to make decisions quickly to keep the project moving forward.

**Stay Focused on Your Dream:** Try to avoid making major design changes once construction has started, as this can lead to additional costs and delays.

**Enjoy the Process:** Remember that all the planning and hard work will pay off as you see your dream home taking shape. Stay patient and focused on the end goal.

By following these tips, you can navigate your renovation project smoothly and achieve the results you desire. Good luck with your renovation journey.

If it's all too overwhelming for you, give us a call and ask for some professional advice from us here at Northfield, we have been established for over 30 years, working throughout Hampshire, Dorset, and the surrounding areas, building a solid reputable reputation within this time.

Call us now for a free consultation on 01425 483964

## HISTORY & NEWS

### From Corn to Popcorn



**Everybody knows the big messy looking cream building in the Market Place. The life of this building has had many twists and turns, but you might not know how it used to look, or the interesting history of what is potentially the most important unlisted building in the town.**

A recent talk by Mary Baldwin for **The Ringwood Society** looked at the life and times of the building in depth, but for those who weren't able to attend, perhaps the above photo, dating back to the 1990s from the Society archives might be of interest.

The building was completed in 1868 as the Town Hall and Corn Exchange and has since been a cinema, shopping centre, squash

club and nightclub. In researching the building for the talk, more stories came to light; it has hosted concerts by Status Quo, was reputed to have hosted a top secret debrief after an exercise preparing for D-Day and even hosted a sponsored attempt on the world non-stop squash record in 1983, with an appearance by Olympian; Geoff Capes, who would only a few months later be crowned the World's Strongest Man. These are only three of the stories people in the town could tell you about this building, and whilst some stories may be more every day, the collective memory of the building shows why everyone in the town cares so much about what happens to it.

The building currently sits awaiting it's next chapter, and the Society has high hopes that the future of the building will be settled once and for all. We hope that any scheme submitted will be of the highest quality, deserving of a building with such a rich history. Chairman Joe Moorhouse commented "there is so much passion for this building within the town and we hope that any scheme which is forthcoming is good enough to satisfy the belief that this could once again be the focal building in the town" he continued, "for the last fifty two years people have put profit over place when it comes to this building, and we hope the current discussions will result in a building that is viable, but worth the wait".

The Ringwood Society always welcomes new members to support their work with projects and by joining the executive committee. The more members the Society has, the more which can be achieved! Membership of the Society is only £10 a year for a single membership, only £18 per year for a couple, with students receiving free membership. Further details can be found on their website [www.ringwoodsociety.org.uk](http://www.ringwoodsociety.org.uk)

## UNDER THE SPOTLIGHT .....



*Naomi Loose*

*Founder + CEO of*

*Loose Legal*

Family Law Firm

**Family:** Husband, 2 children & 2 step children

**Pets:** Horses and a Dog

**Hobbies:** Horses - don't have time for anything else!

**If you could change one thing to Ringwood what would it be?**

*Stop building and make the properties here more affordable for the younger generation*

**Which 3 people would you invite for dinner, dead or alive?**

*Michael Buble, James Corden and my husband*

**If you could have any job for a year, what would it be?**

*Professional Event Rider*

**Any advice for our younger readers?**

*Dream big and never stop trying*

**Last film or box set you watched?**

*Dynasty*

**What would be your Superpower?**

*Ability to teleport*

**24 hours - no food or no sleep?**

*No sleep*

**Last Supper?**

*Thai Green Curry with a Ferrero Rocher ice cream dessert*

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# Overcoming Self Doubt in the workplace

Self-doubt is something that almost everyone encounters in their career at some point. Whether it's the anxiety before a big presentation, second-guessing yourself during a meeting, or walking away convinced you should have provided different answers, self-doubt can manifest in many forms. This often paralyzes high achievers, who, driven by perfectionism, hesitate to act without complete certainty.

Those high achievers, in particular, can fall into the trap of over-preparation, convinced that every interaction is high stakes. This mindset can lead to an over-reliance on observation, where individuals hold back, waiting for the perfect moment to contribute—often at the expense of valuable opportunities.

Instead of remaining in the comfort zone of an observer, it's better to jump into discussions early. Engaging early not only helps you avoid the problem of "good answers being taken" but also acts as a catalyst for further ideas, encouraging team collaboration. The more you contribute, the easier it becomes to participate in future discussions.

For those in transitional phases—like starting a new job or managing a team for the first time—then this is actually an ideal time to engage. With a fresh perspective, newcomers are in a unique position to ask insightful questions and offer innovative ideas, challenging existing assumptions and potentially leading to better outcomes.

In summary, staying silent might feel safe, but it's not the best strategy for personal or professional growth. Embracing a mindset of "I'm learning" rather than "I don't know this yet" can lead to more meaningful contributions and greater confidence in your abilities.

For more information call Helen Stacey on 07974 429217 or talk2us@aspirejobs.co.uk

## SELF EMPLOYED JOB VACANCY

General assistant required to join our small team at our luxury bed & Breakfast in Avon near Ringwood. The position will include breakfast waiting, cleaning rooms and general duties. Attention to detail and being good with people is essential. Being able to drive and have own transport is important due to location. This is a lovely job with a small friendly team, are you that person to fill the position? Hours will vary but will generally be 7.30am-3.30pm approx 4 days a week this will include some weekends. We pay £15.00 per hour on a self employed basis. If you are interested please call Kerry on 07802410854

## Office Administrator/Receptionist

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Call Amanda on 07988 784876 or

email amanda@aspirejobs.co.uk for more details

## Stores Person

Fordingbridge 8am-4.30pm Mon-Fri £22,500 pa

Benefits: 23 days holiday pa + bank holidays, free parking, uniform provided, pension

Working with our Client who is a well-established global distributor, we are now looking for two Stores Operatives/Packers to work within their packing department on a permanent, full-time basis.

The successful candidate will be involved in all aspects of warehouse activity, including receiving, picking, packing and shipping goods.

The role can be repetitive, but you will be able to pick inventory to a high level of accuracy.

The work can be fast paced but full training will be provided. You will be able to follow standard work instructions and maintain company procedures.

The Stores Operative/Packer will follow all HS&E regulations and achieve company objectives and highest level of customer satisfaction while assisting with any other activities that may be considered a function of the warehouse.

TO BE A CONSIDERATION FOR THIS ROLE, YOU WILL BE ABLE TO DRIVE AND HAVE YOUR OWN TRANSPORT OR LIVE WITHIN WALKING DISTANCE.

The successful candidate will need to: - • Be over 18 • Be able to work the hours stated. • Be physically fit – a lot of manual handling, standing for a long period of time and walking involved. • Have excellent timekeeping and be reliable. • Be computer literate. • Be able to multitask. • Be numerate. • Have excellent communication skills. • Have excellent attention to detail. • Be flexible to suit the business needs. • Be a strong team player. • highly organised with the ability to meet deadlines when under pressure.

Call Amanda on 07988 784876 or email amanda@aspirejobs.co.uk



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## Congratulations to Ringwood School Class of 2024

Ringwood School students are reaping the rewards of their hard work and commitment to their studies as they receive their A-Level results today. It has been a pleasure to greet students this morning as they came into school to collect their results. All students have been keen to share their successes with their teachers and all echoed thanks to the staff who have guided them through their courses over the last two years.

This is the second year of A-Level grades moving back to pre-pandemic levels and we are delighted that the percentage of top grades this year (grades A\*/A/B) is at 58% (3% higher than in 2019) with three quarters of students securing at least one of these high grades. The percentage of A\*-C grades at A-Level is 80% (as it was in pre-pandemic years) and the average grade at our centre in 2024 is B- once again, the same as in 2019. We are pleased that our pass rate this year is 99.4%. Early calculations suggest that the school has retained a very strong rating from ALPs (a national progress measure for A-Level), which puts Ringwood School amongst the strongest Post 16 providers nationally.

There has been exceptional success in many subjects this year. It has been a particularly strong year for Languages. Our centre % of A\*s is 9%, but in French, students have 33% A\* (83% A\* & A) and



Spanish is not far behind with an incredible 25% of grades at A\* (75% A\* & A). Maths (our most popular A-Level) has secured 21% of grades at A\* and English Language has performed similarly with 20% at A\*. There have been many personal successes. For example, 15 of our students have secured at least 3 grades at A\*/A; including one student with 4 A\*s.

We are a sixth form that is proud to offer some vocational options alongside our more traditional A-Level subjects. These qualifications have also delivered significant success this year with an average grade in these subjects once again being Distinction (equivalent to an A-Level Grade A). All students on the BTEC Musical Theatre Extended Certificate attained a Distinction or a Distinction\*; and 81% of the OCR Sport Level 3 course attained a Distinction or Distinction\*.

The most important thing about A-Level and BTEC Level 3 qualifications is what they allow a young person to do next. Our students are now embarking on the exciting next stage of their journey with many heading off to university this autumn to read an incredibly wide and interesting range of subjects including: Medicine, Physiotherapy, Occupational Health, Forensic Science with integrated Masters, Filmmaking, International Politics with Language, Acting for Film, Communication and Media, Architecture, Computer Science, Popular Music, Business Management, Mathematics, Sociology, Physics, Aeronautical Engineering, Sport and Exercise Science, Biological Sciences, PPE, Theology, Economics, Software Engineering, English Literature, Psychology and Geology. They are also going to a wide range of institutions with York the most northerly and Plymouth the furthest south. Our most popular destination is Exeter University, where 7 of our students will be starting as undergraduates next month. Some students have chosen to take up degree apprenticeship opportunities in accountancy and a highly sought after placement with the RAF, whilst others are entering the world of work.

We wish all of our students every success for their future.

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# BEREAVEMENTS, CELEBRATIONS & SMALL ADS

## BEREAVEMENT NOTICE

**AYLES**  
Joyce Louise

Passed away peacefully at Salisbury District Hospital on July 12th 2024 aged 87 years.

Devoted wife to David, loving mother of Rosemary and Helen and grandmother to George and Sophie.

A memorial service to celebrate Joyce's life will be held on Friday 6th September at 2pm at Trinity United Church, Christchurch Road, Ringwood BH24 1DH and afterwards at the Trinity Centre.

No flowers but donations if desired to the Heal Project may be made in person at the memorial service, or online at [www.tapperfuneralservice.co.uk](http://www.tapperfuneralservice.co.uk) or cheques may be sent to Barrow & Tapper, 29a Southampton Road, Ringwood Hampshire BH24 1HB (01425 472104).

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**INVESTMENT OPPORTUNITY** | This newly decorated, first floor apartment located in Ringwood. Two Bedrooms | One Bathroom | Large Reception Room | Allocated Parking | Walking Distance to Town Centre.



**Ashley Heath £499,999**

**PRICE REDUCTION** | This spacious, detached bungalow located in Ashley Heath | Two Bedrooms | Two Reception Rooms | One Bathroom | Front and Rear Garden | Garage | Cul-De-Sac Location | Close to Local Amenities.



**Ringwood £415,000**



**NEW INSTRUCTION** | This semi-detached house located in Poulner | Three Bedrooms | One Reception Room | One Shower Room | Front and Rear Garden | Resident Parking | Garage | Short distance to Ringwood Town Centre | Close to Local Schools and Amenities.

## MEET THE TEAM



**Darren**



**Jo**



**Amelia**



**Jenny**



**Nikki**



**Isobelle**

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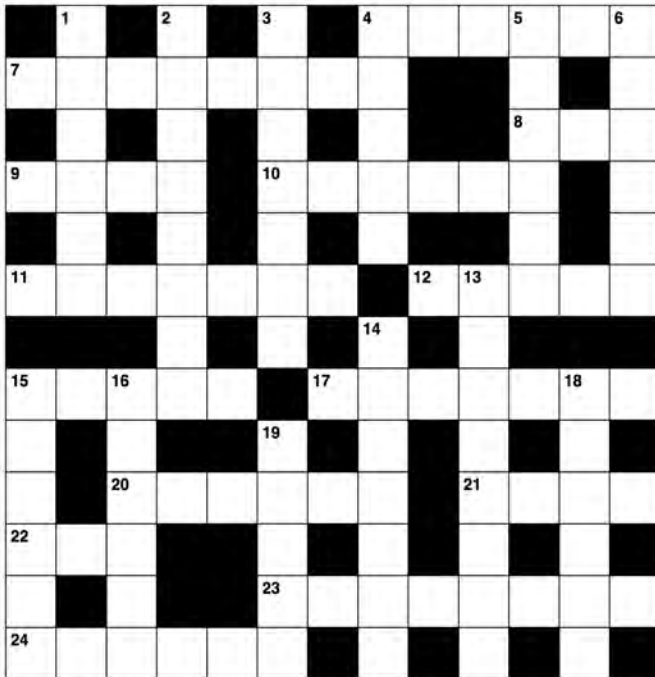
# Puzzle Corner

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## Crossword



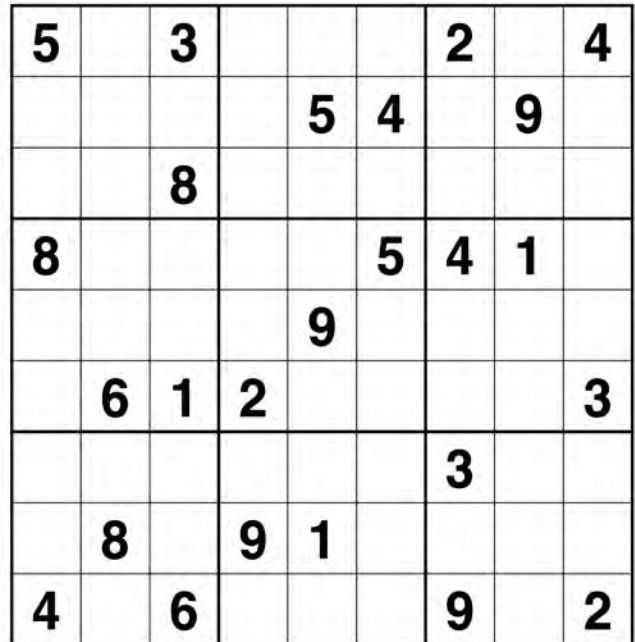
### Across

- 4 - Increase; extend (6)
- 7 - Prevent heat loss (8)
- 8 - Unit of energy (3)
- 9 - Eg beef or pork (4)
- 10 - Package (6)
- 11 - Loving deeply (7)
- 12 - Climb (5)
- 15 - Lively (5)
- 17 - Matrimony (7)
- 20 - Egg-shaped solids (6)
- 21 - Opposite of less (4)
- 22 - Cooking appliance (3)
- 23 - Process of adding air (8)
- 24 - Vend again (6)

### Down

- 1 - In truth; really (6)
- 2 - Flatter (6,2)
- 3 - Occurs (7)
- 4 - Reads (anag) (5)
- 5 - Spanish rice dish (6)
- 6 - Invalidate (6)
- 13 - Catastrophe (8)
- 14 - Express severe disapproval of (7)
- 15 - Folk instrument (6)
- 16 - Looks into thoroughly (6)
- 18 - Element with atomic number 6 (6)
- 19 - Essential (5)

## Sudoku



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